



Pampered Nachos

- 1 cup Diced **PAM PAK** Flat Sweet Red Onions
 - 2 cups Diced **PAM PAK** Sweet Mini Peppers
 - 1 can Black Beans (15.5 oz) drained
 - 1 can Diced Tomatoes (14.5 oz)
 - 1 cup Shredded Cheese (Cheddar/Jack)
 - 1 cup Salsa (MED)
 - 1 bag Tortilla Chips (Triangles)
 - 1 TBSP Dried Oregano
 - 1 TSP Ground Cayenne Pepper
 - Pinch Garlic Salt
 - Pinch Ground Pepper
 - Pinch Chili Powder
 - Fresh Cilantro
- (Optional Toppings: Fresh Tomatoes, Green Onions, Olives, Jalapenos)

In a medium sized microwave safe bowl, add diced onions, mini peppers, black beans, tomatoes, oregano, cayenne pepper, garlic salt, ground pepper and chili powder. Microwave on high for 2 minutes. Stir, taste, and add more seasoning to your preference. Microwave the mixture an additional 2 minutes or until product is very hot. Stir.

Place one layer of tortilla chips on microwave safe plate. Drizzle small amount of cheese over the chips. Spoon small amounts of the vegetable mixture on top of the chips. Drizzle small amount of cheese over the chips and mixture. Add another layer of chips, more mixture, and more cheese. If you would like meat on your nachos, add cooked chicken, steak, ground beef now. Microwave the combination of chips and mixture for 45 seconds, or until the cheese is melted. Garnish plate with salsa and cilantro. Bless the food. Enjoy!